

Spirit FC in 2025



Congratulations for joining the NWS Spirit FC pathway for 2025!

In 2025, we are looking forward to developing our people, players and teams with the NWSF DNA.

We believe firmly in developing good people and good players, who have a winning mentality to succeed at the highest level.

That's why we focus on developing our DNA; which is to be **smart, skilful, athletic, relentless and tribal**. We aim to develop these qualities in each individual player, and in our teams, through holistic development and performance environments.

We are equally proud of our commitment to the local community and our ability to provide a pathway to the highest levels of representative football, and look forward to continuing this journey in 2025 with you.

This communication is to provide the core information for the initial period of the 2025 season, with additional information and greater detail to be distributed later in the year. Note some information may change as the season progresses.

Please note

- All ages from this point are 2025 season ages
- SAP has been renamed as the Junior Development League (JDL) in 2025

Key points of reference

- For further information about Spirit, head to spiritfootballclub.com
- To learn more about our DNA, head to nwsfdna.com

Club abbreviations

- JDL = all JDL squads
- YL = all YL squads (including M/A/W18's)
- M = MJDL or MYL = NPL Mixed/Boys program
- W = WJDL or WYL = NPL Womens/Girls program
- A = AYL = Association Youth League

e.g M10 is MSAP U10, W14 is WYL 14, A18 is AYL 18 etc.



Spirit Summer Series

As you will be aware, in 2024, NWS Spirit FC is completing the transition to a new annual calendar format, wherein our JDL & Youth League program will run from January to October. This provides 42 weeks of scheduled team training within the Football NSW competitions calendar (February to September), while including a 'post-season' period to focus on individual player development.

In 2025 and beyond, this will lead into new tours & tournaments we will be participating in, to extend our players football development and pathways.

For the October to December period, we have launched the Spirit Summer Series, a range of new programs to enhance our player's development during the off-season.

It's not too late to sign up now for these programs - and we are offering 15% off if you sign up now by using the code SUMMERSPIRIT at checkout.

Finally, we encourage players to continue developing their athletic DNA over the summer and can use this resource to support!



Senior programs

Our Senior Mens and Senior Womens programs recommence on **Monday November 18th 2024**, as part of their preseason preparations for the 2025 NPL competitions.

This includes the 2025 **Mens 18/20s** and the **Womens 23s**, alongside both First Grade squads. Some youth players may also be invited to join these sessions and will have been notified seperately.

The full training timetable and friendly match schedule for this will be confirmed in a future email communication.



Important information

We remind all parents that the full balance of fees for NWS Spirit FC is due by the 1st December. Your letter of offer will contain full information regarding this and you will be contacted with full information to make final payments.

We expect registrations for the new season to be live on Football Australia's PlayFootball platform from December 1st. This will be communicated via managers.

Please note we also expect kits for the 2025 season to arrive in December, with a date to be confirmed.

January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 Parent orientation (whole club, Zoom)	6	7	8 JDL & YL training returns	9	10	11 Internal matches (JDL & YL)
12 DNA Day (whole club)	13	14 MYL midweek friendlies	15	16 MYL midweek friendlies	17	18 JDL & YL friendlies
19 JDL & YL friendlies	20	21 WYL & AYL midweek friendlies	22	23 YL coach education day	24 YL referee education day	25 JDL & YL friendlies
26 JDL & YL friendlies	27	28	29	30	31	

February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Jersey Presentat ion Day (Sydney FC fixture)
2 JDL & YL friendlies	3	4	5	6	7	8 Bathurst Cup (M12-16s, A13-18s) plus JDL & WYL friendlies
9 Bathurst Cup (M12-16s, A13-18s)	10	11	12	13	14	15 Proctor Cup (W12-18s) MYL & AYL begins
16 Proctor Cup (W12-18s)	17	18	19	20	21	22 WYL & JDL friendlies
23 WYL & JDL friendlies	24	25	26	27	28	



Other important information

Please note the calendar above is provided as an indicator for families to begin planning the 2025 season. Dates listed are subject to change.

We have confirmed friendly matches for all squads for each weekend in 2025 leading into the competition seasons, which are determined by Football NSW.

The key dates for January & February we want to highlight from a whole club perspective are...

- A parent orientation for the whole club on Zoom on **Sunday 5th January**
- The return to training for all JDL & YL squads on **Wednesday 8th January**
- DNA Day for players & parents on **Sunday 12th January**, providing an introduction and insight into who we are and what we do
- The annual Jersey Presentation Day which is a special whole club event on **Saturday 1st February**

Additionally, the calendar also highlights for Youth League squads...

- The coach and referee education days on **Thursday January 23rd** and **Friday January 24th** which are annual, compulsory events to support our players holistic development
- The **Bathurst Cup** (for M12 to M18 and A13 to A18) on the weekend of 8th & 9th February
- The **Proctor Cup** (for W12 to W18) on the weekend of 15th & 16th February

Further information on the Bathurst/Proctor Cups can be found [by clicking here](#).

The full training timetable will be confirmed closer to 2025. We remind parents that all teams have three sessions a week; for U14s Youth League and above, this includes two evenings and one morning session. All squads will train at Christie Park.

Further information will be communicated via email as we progress towards 2025.

Have a great summer!

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